



Therapeutic Blends

COLOUR ENERGY'S THERAPEUTIC BLENDS

Colour Energy's symptom specific Therapeutic Blends have proven to alleviate certain ailments. These powerful recipes contain 30% therapeutic essential oils to 70% organic Jojoba. These all natural colour-coded remedies are FREE from additives, alcohols, chemical fragrances and preservatives.

To further empower your sense of well being, try several drops of a blend in correlating Colour Bath and create a pampering aroma and colour therapy home spa treatment!



Chi-Energy – Helps to stimulate your physical being so that you feel invigorated, giving you a feeling of inner confidence and courage. This blend is intended to support your vital life force so that you will feel stronger and more dynamic!

Envision the blend supporting your life energy as you apply to the soles of your feet, wrists, directly on your root chakra or base body parts. For a more intense treatment roll along spine.



Joy to the World – Helps to elevate oneself to a state of bliss. Each oil in this blend is known to nurture feelings of joy and happiness. Bring enthusiasm into your day by combining this blend with more orange tools.

Kick start your day by rolling this delightful blend on your wrists, so you can easily smell this joyous blend anytime you wish (use as perfume). Rub on your feeling centre to activate your inner child.



Detox & Digest – Helps with the expulsion of toxins, fat and cellulite. Relieves stomach cramps, mild indigestion and constipation/diarrhea problems. This blend is also mentally uplifting and clarifying. Use for studying.

For elimination or indigestion symptoms apply to the lower abdomen and stomach and massage gently. To detox, apply blend to desired area and massage gently. This blend can be used with a Yellow Colour Bath and/or Dead Sea Salts for a more effective detoxification. While in the bath, apply the blend liberally to a face cloth and massage the required areas. Roll a dab under your nose to keep you mentally alert.



Peace & Harmony – Helps to relax your stressed and tired muscles with its anti-inflammatory and stress reducing properties. Feel this nurturing blend relieve symptoms of colds and chest congestion.

Let go of daily stresses by rubbing this blend on tight and sore muscles. Apply liberally to chest area and sinuses and inhale the loving aroma into your being.



Happy Hormones – Helps with the monthly cycle of menstrual cramps, associated backache and other discomforts, including menopausal symptoms. This blend will help balance the thyroid and assist in weight reduction. Alleviates tension in the neck region.

The combination of cooling oils is soothing to the psyche and spiritually uplifting. Apply directly to distressed area and massage gently.



Headache Relief – Helps with headaches, hangovers, tense shoulders, neck muscles and general tension due to stress. May also be used to unclog nasal passages. The combination of oils can be used to enhance meditation.

Apply the therapeutic synergy blend to the forehead, along the hairline, over the temples, behind the ears and to the nape of the neck. Use liberally. Gently massage the blend into the skin. You will feel a warming and cooling sensation as the essential oils ease the stress and the ache.



Pain Buster – Helps with arthritic, rheumatic and muscular aches and pains due to overworked muscles. This therapeutic blend eases distress to the muscles and joints by stimulating blood flow to the affected area.

Apply the blend to the affected areas and lightly massage into the skin. Use liberally and as often as needed.



Immune Booster – Helps with sinuses, hay fever, allergies, coughs and colds. Decongests, unclogs nasal passages and helps build up the immune system.

Use daily during cold and flu season. Apply to nasal area, under cheek bones, temples, wrist or on thymus gland (upper chest area). For sore throats apply to glands. Excellent in conjunction with an immune building Turquoise Colour Bath and/or our Dead Sea Salts.



Skin Renew – Helps nourish and rejuvenate the skin. The powerful combination of oils enriches the skin with its anti-aging properties. Use regularly on the face to renew the skin's youthful glow. The richness of the oils are renewing to the body, mind & spirit!

This luxurious blend is excellent for cell and tissue regeneration. Use daily on scars, blemishes, rosacea, acne and other skin problems. The delightful aroma makes a divine perfume!



First Aid – This incredible "boo boo" blend is a must-have to use in any situation that requires TLC. An all natural remedy for cuts, bruises, sprains, shock, aches and pains and general overexertion.

Rub on any bumps or bruises. For open wounds roll blend onto the bandaid gauze or cotton swab first before applying. For shock use on the thymus gland and wrists. Ideal for the elderly.

Other Methods of Use:

- For deep cellular treatment apply several drops in a correlating Colour Bath and/or Dead Sea Salts.
- Wear as a natural body fragrance.
- Add contents to 250ml/8oz bottle of unscented shampoo, conditioner, shower gel, bubble bath, deodorant or body lotion.

Information provided does not substitute for professional medical advice and care.

Also available in 1ml Sample Sizes. Ideal for travel or to put in your pocket or purse! For more information on other natural products visit www.colourenergy.com



Other Blends Available

Anxiety Release & Muscle Magic

Symptom specific Therapeutic Blends are proven to assist and alleviate certain chakra ailments. These powerful recipes contain 30% therapeutic essential oils to 70% organic Jojoba.

Ready to use in a compact 10ml/.35oz bottle with roll-on applicator or 1ml/.035oz sampler vials which are ideal to put in your pocket, purse or while travelling.

COLOUR ENERGY CORPORATION

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