



COLOUR ENERGY®

Therapeutic Blends

COLOUR ENERGY's symptom specific Therapeutic Blends have proven to alleviate certain ailments. These powerful recipes contain 30% therapeutic essential oils to 70% organic Jojoba.

These all natural colour-coded remedies are FREE from additives, alcohols, chemical fragrances and preservatives.

To further empower your sense of well being, try adding several drops of a blend to a correlating Colour Bath® or salt bath to create a pampering aroma and colour therapy home spa treatment!

Chi-Energy – Helps to stimulate your physical being so that you feel invigorated, giving you a feeling of inner confidence and courage. This blend is intended to support your vital life force so that you will feel stronger and more dynamic!

Envision the blend supporting your life energy as you apply to the soles of your feet, wrists, directly on your root chakra or base body parts. For a more intense treatment roll along spine.

Ingredients include essential oils of Orange, Juniper, Sandalwood & Ylang Ylang in Organic Jojoba.

Joy to the World – Helps to elevate oneself to a state of bliss. Each oil in this blend is known to bring feelings of joy and happiness. Bring enthusiasm into your day by combining this blend with more orange tools.

Kick start your day by rolling this delightful blend on your wrists, so you can easily smell this joyous blend anytime you wish. Rub on your feeling centre to activate your inner child.

Ingredients include essential oils of Orange, Bergamot & Neroli in Organic Jojoba.

Detox & Digest – Helps with the expulsion of toxins, fat and cellulite. Relieves stomach cramps and upset tummies. This blend is also mentally uplifting and clarifying.

For indigestion symptoms apply to the lower abdomen and stomach and massage gently. To detox, apply blend to desired area and massage gently. This blend can be used with a Yellow Colour Bath and/or Dead Sea Salts for a more effective detoxification. While in the bath, apply the blend liberally to a face cloth and massage the desired areas.

Ingredients include essential oils of Grapefruit, Juniper, Rosemary, Fennel & Black Pepper in Organic Jojoba.

Peace & Harmony – Helps to relax your stressed and tired muscles with its anti-inflammatory and stress reducing properties.

Let go of daily stresses by applying this blend to tight and sore areas. Also wonderful as a loving chest decongestant.

Ingredients include essential oils of Rosalina, Pine & Lime in Organic Jojoba.

Happy Hormones – Assists metabolism balance. Helps with the monthly cycle of menstrual cramps, associated backache and other discomforts, including menopausal symptoms. The combination of cooling oils are soothing to the psyche and spiritually uplifting.

Apply directly to distressed area and massage gently.

Ingredients include essential oils of Geranium, Rosewood, Bergamot, Lavender, Clary Sage & Roman Chamomile in Organic Jojoba.

Headache Relief – Helps with headaches, hangovers, tense shoulders, neck muscles and general tension due to stress. May also be used to unclog nasal passages.

Apply the therapeutic synergy blend to the forehead, along the hairline, over the temples, behind the ears and to the nape of the neck. Use liberally. Gently massage the blend into the skin. You will feel a warming and cooling sensation as the essential oils ease the stress and the ache.

Ingredients include essential oils of Peppermint, Lavender, Eucalyptus, Rosemary, Birch, Frankincense, Yarrow & Vetivert in Organic Jojoba.

Pain Buster – Helps with arthritic, rheumatic and muscular aches and pains due to overworked muscles. This therapeutic blend eases distress to the muscles and joints by stimulating blood flow to the affected area.

Apply the blend to the affected areas and lightly massage into the skin. Use liberally and as often as needed.

Ingredients include essential oils of Peppermint, Lavender, Rosemary, Hyssop, Marjoram, Birch & Black Pepper in Organic Jojoba.

Immune Booster – Helps with sinuses, hay fever, allergies, coughs and colds. Decongests, unclogs nasal passages and helps build up the immune system.

Use daily during cold and flu season. Apply to nasal area, under cheek bones, temples, wrist or on thymus gland (upper chest area). For sore throats apply to glands. Excellent in conjunction with an immune building Turquoise Colour Bath and/or our Dead Sea Salts.

Ingredients include essential oils of Tea Tree, Eucalyptus, Peppermint, Geranium, Rosemary, Pine, Ravensara & Cinnamon in Organic Jojoba.

Skin Renew – Helps nourish and rejuvenate the skin. The richness of the oils are renewing to the body, mind & spirit! This luxurious blend is excellent for cell and tissue regeneration. Use daily on scars, blemishes, acne and other skin problems.

Ingredients include essential oils of Rosewood, Carrot Seed, Rose Otto in Organic Jojoba.

First Aid – This incredible “boo boo” blend is a must have to use in any situation that requires TLC. An all natural remedy for cuts, bruises, sprains, shock, aches and pains and general overexertion. Don't leave home without it!

Rub on any bumps or bruises. For open wounds roll blend onto the bandaids gauze or cotton swab first before applying. For shock use on the thymus gland and wrists.

Ingredients include essential oils of Lavender, Niaouli, Eucalyptus, Roman Chamomile & Frankincense in Organic Jojoba.

IMPORTANT DO'S AND DON'TS

- Use the blends whenever necessary.
- Use liberally as they will be expelled from the body within 12 to 24 hours.
- Consult a health care professional if you are pregnant, have high blood pressure, epilepsy or suffer from seizures.
- Avoid eye area. However, if the blend enters the eyes rinse immediately and thoroughly with warm water.
- For external use only. Do not take internally. Follow directions and if you have any questions contact your local Colour Energy store or practitioner.
- 100% pure therapeutic grade essential oils. Not tested on animals.

Information provided does not substitute for professional medical advice and care.

Natural Colour Energy Aromatherapy – Colour Makes Scents™



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